

## Pilates at Azure

Private and semi-private Pilates sessions are the best way to progress through the Pilates repertoire, achieve your wellness and rehabilitation goals, and experience the full benefits of the Pilates method. Each 50-minute training session is specific to your goals and needs.

## Join Us

TUES/THURS @ 10AM
BEGINNER - INTERMEDIATE
SEMI PRIVATE SESSIONS
MORE INFO

ULTAPILATES.COM/AZURE

Try a 60 min. Semi-Private Intro Session for \$35

(valid for 1 session)

## **New to Pilates?**

Book an Intro to Private
Pilates Session which
includes a 50-minute,
Consultation & Intro
to the equipment for \$75.
(Regular Price \$105).